

2 Steps

Quick'r, Tupp'r Yogurt

Ingredients

- 1 gal homogenous Whole Milk
- 2 Tbsp starter Yogurt



Equipment

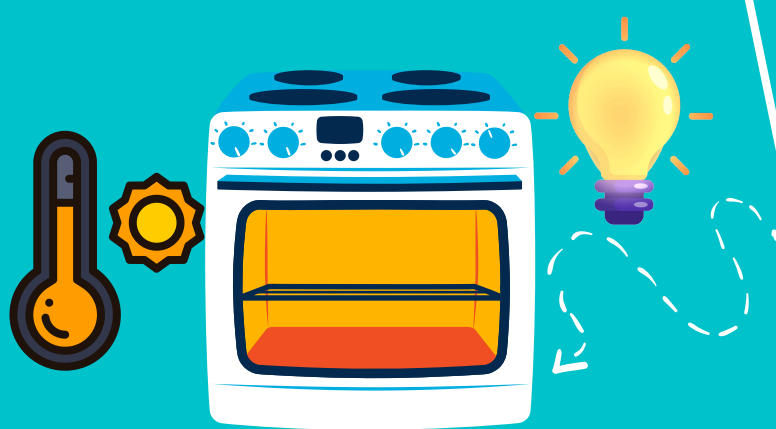
- A large deep saucepan
- Heat proof, heat safe bowls
- A warm place

Method

- Boil the whole milk on medium heat
- Transfer the milk to the bowls when lukewarm, or warm to touch

Experiment

- In the lukewarm milk bowls, add the yogurt starters and lightly close the lid
- Find a warm place in your house, like the oven with its light on, or microwave with open door
- 6-8 hrs. later you have a delicious homemade yogurt



This yogurt is ready to go into your smoothies, curries, sauces and lots more. Yup, most importantly into the tummies!!

